

Pos	Race No	Name	Chip Time	Category	Cat Pos	Gender	Gen Pos	Affiliated	Club	Finish
4	65	Rebecca Ezra-Ham	01:09:58	Sen Female	1	Female	1 Yes		Tamar Trotters	01:09:58
10	139	Jo Meek	01:16:16	V45	1	Female	2 Yes		Winchester And District AC	01:16:16
32	7	Samantha Baker	01:22:26	V35	1	Female	3 Yes		South molton strugglers	01:22:26
36	205	Claire Stone	01:24:06	V45	2	Female	4 Yes		Ocean Lake Tri	01:24:07
41	92	Helen Harbottle	01:25:09	V55	1	Female	5 Yes		South molton strugglers	01:25:09
43	200	Suzanne Spooner	01:25:20	V35	2	Female	6 Yes		Plymouth Harriers	01:25:23
45	228	Lorna Watts	01:25:29	V35	3	Female	7 Yes		Bideford AAC	01:25:34
46	59	Clare Dixon	01:26:33	V35	4	Female	8 No			01:26:34
54	42	Liz Clifford	01:28:26	V35	5	Female	9 No			01:28:27
60	44	Natasha Cornish	01:32:03	V45	3	Female	10 No			01:32:06
67	176	Louisa Roberts	01:33:46	V35	6	Female	11 Yes		The ORCS	01:33:55
69	35	Clare Capper	01:34:49	V45	4	Female	12 No			01:34:52
73	31	Sarah Burns	01:36:07	V45	5	Female	13 Yes		East London Runners	01:36:10
78	201	Lucy Squire	01:36:50	V45	6	Female	14 No			01:36:57
80	19	Marilyn Blair	01:37:10	V55	2	Female	15 Yes		Torrington AAC	01:37:10
81	160	Ann Pearce	01:37:08	V45	7	Female	16 Yes		Torrington AAC	01:37:13
86	207	Ros Stow	01:37:23	V55	3	Female	17 No			01:37:39
92	98	Scarlett Henry	01:39:34	Sen Female	2	Female	18 Yes		The ORCS	01:39:38
93	26	Alexis Briggs	01:40:00	V35	7	Female	19 Yes		Burnham On Sea Harriers	01:40:06
95	128	Alison Little	01:40:10	V55	4	Female	20 Yes		100 Marathon Club	01:40:18
102	123	Jess Lamont	01:41:31	Sen Female	3	Female	21 No			01:41:49
103	216	Kirsty Taylor	01:42:04	V35	8	Female	22 No			01:42:09
105	12	Kathryn Beades	01:42:48	V45	8	Female	23 Yes		Ilfracombe Running Club	01:42:52
106	81	Ruth Glover	01:42:48	Sen Female	4	Female	24 Yes		Ilfracombe Running Club	01:42:52
108	214	Catherine Tapp	01:43:08	V45	9	Female	25 Yes		Tiverton Harriers	01:43:24
114	121	Kim Knight	01:44:43	V45	10	Female	26 Yes		Teignbridge Trotters	01:44:50
117	175	Emma Richards	01:45:28	V55	5	Female	27 Yes		Torrington AAC	01:45:38
123	57	Katrina Dearson	01:47:11	V45	11	Female	28 No			01:47:15
124	97	Ruth Henry	01:47:11	V55	6	Female	29 No			01:47:15

125	157 Jo Pateman	01:47:44 V35	9 Female	30 Yes	Torrington AAC	01:47:51
126	218 Hannah Thomas	01:48:03 Sen Female	5 Female	31 No		01:48:20
131	36 Sarah Cardwell	01:51:03 V35	10 Female	32 No		01:51:10
135	237 Paula Wilkinson	01:52:35 V45	12 Female	33 No		01:52:50
137	113 Samera Ismael	01:54:22 V45	13 Female	34 No		01:54:31
139	156 Jessy Parker	01:54:37 Sen Female	6 Female	35 No		01:54:40
140	173 Juliette Reed Reed	01:54:38 Sen Female	7 Female	36 No		01:54:41
141	247 Helen Garthwaite	01:54:59 Sen Female	8 Female	37 Yes	Bideford AAC	01:55:19
144	127 Aleksandra Li	01:56:31 V35	11 Female	38 No		01:56:49
145	33 Deborah Burnside	01:58:36 V55	7 Female	39 No		01:58:41
146	93 Daisy Harley-Nyang	01:58:44 Sen Female	9 Female	40 No		01:58:54
147	213 Emma Tancock	01:58:58 V35	12 Female	41 No		01:59:11
148	211 Sacha Surgeon	01:59:00 V45	14 Female	42 No		01:59:14
149	101 Michaela Hillman	01:59:10 V55	8 Female	43 Yes	Torrington AAC	01:59:22
150	196 Katrina Smale	01:59:11 V45	15 Female	44 Yes	North Devon Road Runners	01:59:23
151	126 Jennifer Layton	01:59:09 V35	13 Female	45 No		01:59:23
154	252 Katie Williams	01:59:37 Sen Female	10 Female	46 Yes	South West Road Runners	01:59:53
155	148 Lucy Myton	01:59:38 V35	14 Female	47 Yes	South West Road Runners	01:59:54
157	62 Nicola Emmett	02:00:36 V45	16 Female	48 Yes	Bude Rats (Run and Tri)	02:00:54
158	230 Ellen Webber	02:01:03 Sen Female	11 Female	49 No		02:01:11
159	78 Tanya Gillett	02:01:39 V45	17 Female	50 Yes	Just Jog Bideford	02:01:47
160	22 Karen Bowes	02:01:39 V55	9 Female	51 Yes	Just Jog Bideford	02:01:48
161	86 Maria Gray	02:01:43 V55	10 Female	52 Yes	Just Jog Bideford	02:01:48
163	241 Amanda Yeo	02:02:12 V55	11 Female	53 No		02:02:27
164	138 Claire Meech	02:02:16 V45	18 Female	54 No		02:02:27
166	102 Olivia Hillsdon-Rogers	02:02:50 Sen Female	12 Female	55 No		02:03:07
167	233 Julie Weeks	02:03:24 V55	12 Female	56 Yes	North Devon Tri	02:03:35
168	23 Jo Bradley	02:04:11 V45	19 Female	57 Yes	South molton strugglers	02:04:21
169	72 Gemma Foley	02:04:25 V35	15 Female	58 Yes	South molton strugglers	02:04:35
170	104 Victoria Hopkins	02:04:25 V35	16 Female	59 Yes	Fremington Trailblazers Running Club	02:04:38
173	88 Karen Gulliford	02:04:26 V55	13 Female	60 Yes	Fremington Trailblazers Running Club	02:04:40

174	18 Ali Blackman	02:04:48 V35	17 Female	61 No		02:04:55
175	203 Edwina Stevenson	02:04:49 V55	14 Female	62 Yes	Bideford AAC	02:04:56
176	251 Gemma Essex	02:05:52 V35	18 Female	63 No		02:06:07
178	103 Karen hilton	02:06:40 V45	20 Female	64 No		02:06:58
180	70 Vicky Fieldhouse	02:07:29 V55	15 Female	65 No		02:07:52
181	190 Laura Scott	02:07:44 V35	19 Female	66 No		02:07:58
182	85 Karen Gray	02:07:45 V35	20 Female	67 No		02:07:58
183	144 Pattie morris	02:08:19 V55	16 Female	68 Yes	Just Jog Bideford	02:08:30
184	150 Maggie Norgate	02:08:20 V55	17 Female	69 Yes	Just Jog Bideford	02:08:30
185	9 Katie Baker	02:08:29 Sen Female	13 Female	70 Yes	Just Jog Bideford	02:08:37
187	217 Dawn Nadine Teed	02:08:48 V55	18 Female	71 Yes	Exmouth Harriers AAC	02:08:54
188	80 Lorraine Gilson	02:08:49 V55	19 Female	72 No		02:08:54
189	159 Kirstie Patterson	02:08:40 V35	21 Female	73 No		02:08:57
190	187 Denise Sanders	02:10:47 V35	22 Female	74 No		02:11:02
191	221 Sarah THorne	02:10:49 V45	21 Female	75 No		02:11:03
192	189 Kiera Schubert	02:11:40 V35	23 Female	76 No		02:11:54
194	184 Emma RUCK	02:17:52 V45	22 Female	77 No		02:18:12
195	172 Anne Reed	02:17:52 V45	23 Female	78 No		02:18:13
196	136 Christine McNamee	02:17:55 V55	20 Female	79 No		02:18:14
197	181 Elaine Rowtcliff	02:17:53 V45	24 Female	80 No		02:18:14
198	40 Penny Chbat	02:21:13 V45	25 Female	81 No		02:21:23
199	122 Debra Lake	02:21:41 V55	21 Female	82 No		02:22:00
200	242 Mags Zaharia	02:21:41 V45	26 Female	83 Yes	Torrington AAC	02:22:00
201	46 Jacqui Couch	02:21:41 V45	27 Female	84 Yes	Torrington AAC	02:22:00
202	110 Louise Hunter	02:21:44 V35	24 Female	85 No		02:22:03
203	145 Nicola Morris	02:21:48 V55	22 Female	86 Yes	Torrington AAC	02:22:05
204	178 Jan Rolfe	02:25:25 V55	23 Female	87 No		02:25:36
205	131 Donna Marriott	02:25:25 V45	28 Female	88 No		02:25:37
206	212 Lisa Tame	02:26:21 V45	29 Female	89 Yes	Bude Rats	02:26:40
209	21 Annie bover	02:26:20 V35	25 Female	90 Yes	Bude Rats	02:26:41
210	209 Claire Strong	02:26:21 V35	26 Female	91 No		02:26:42

212	235 Jillian Widlake	02:28:05 V35	27 Female	92 Yes	South molton strugglers	02:28:17
213	182 Lisa Ruck	02:28:07 V45	30 Female	93 No		02:28:17
215	1 Amanda Adams	02:28:08 V55	24 Female	94 Yes	South molton strugglers	02:28:19
216	71 Colleen Finn	02:32:33 V35	28 Female	95 Yes	Bude Rats (Run and Tri)	02:32:53
217	162 Rachel Penn	02:32:36 V45	31 Female	96 Yes	Bude Rats (Run and Tri)	02:32:53
218	248 Helen Cooley	02:32:34 V45	32 Female	97 Yes	Bude Rats (Run and Tri)	02:32:53
1	114 Mark Jenkin	01:02:39 V40	1 Male	1 Yes	Bideford AAC	01:02:39
2	64 Richard Ezra-Ham	01:08:03 Sen	1 Male	2 Yes	Tamar Trotters	01:08:03
3	39 Stan Charles-Jones	01:09:45 Sen	2 Male	3 Yes	South molton strugglers	01:09:45
5	188 Lawrence Schneck	01:13:00 V50	1 Male	4 Yes	Greenbow Running Club	01:13:01
6	198 James Speak	01:13:08 Sen	3 Male	5 No		01:13:10
7	206 Dave Stone	01:13:35 V50	2 Male	6 Yes	Exmouth Harriers AAC	01:13:35
8	90 Chris Hallman	01:13:57 V40	2 Male	7 No		01:13:57
9	238 John Wisner	01:15:57 V50	3 Male	8 Yes	St Austell Athletes Running Club	01:15:59
11	3 Craig Allan	01:16:23 Sen	4 Male	9 Yes	Clevedon Athletic Club	01:16:26
12	141 Gary Mitchell	01:16:50 V50	4 Male	10 No		01:16:52
13	186 James Sampson	01:17:12 Sen	5 Male	11 No		01:17:13
14	215 Nick Taylor	01:17:32 Sen	6 Male	12 Yes	Torrington AAC	01:17:41
15	54 Luke Day	01:17:49 Sen	7 Male	13 Yes	Ilfracombe Running Club	01:17:52
16	74 Ross Fuller	01:18:03 V40	3 Male	14 Yes	Ilfracombe Running Club	01:18:03
17	204 Chris Stone	01:18:28 V50	5 Male	15 Yes	Bideford AAC	01:18:28
18	225 James Turner	01:18:53 V40	4 Male	16 Yes	Truro Running Club	01:18:56
19	51 Mark Curtis	01:19:24 V40	5 Male	17 Yes	Bideford AAC	01:19:24
20	169 Marsh Pullen	01:19:44 V40	6 Male	18 No		01:19:50
21	220 Joe Thomson	01:20:09 Sen	8 Male	19 Yes	Launceston Road Runners	01:20:12
22	89 Daniel Hague	01:20:30 Sen	9 Male	20 Yes	North Devon Road Runners	01:20:31
23	232 Steve Weeks	01:20:46 V40	7 Male	21 Yes	Teignbridge Trotters	01:20:47
24	108 Barry Hudson	01:21:10 V50	6 Male	22 Yes	North Devon Tri	01:21:18
25	17 Paul Bisset	01:21:25 V40	8 Male	23 No		01:21:26
26	249 Leo Holroyd	01:21:35 Sen	10 Male	24 Yes	Ilfracombe Running Club	01:21:37
27	170 Ian Putt	01:21:43 V40	9 Male	25 No		01:21:45

28	94 Michael Harris	01:21:49 Sen	11 Male	26 Yes	Bideford AAC	01:21:49
29	58 Francis Denton	01:21:57 Sen	12 Male	27 No		01:22:06
30	20 Alex Bott	01:22:02 Sen	13 Male	28 Yes	North Devon Road Runners	01:22:09
31	245 Pete Thomas	01:22:17 V50	7 Male	29 Yes	Fremington Trailblazers Running Club	01:22:17
33	96 Vincent Helliwell	01:22:48 V60	1 Male	30 Yes	Bideford AAC	01:22:48
34	45 Simeon Cotterell	01:22:55 Sen	14 Male	31 Yes	Torrington AAC	01:23:17
35	161 Bob Pearce	01:23:27 V60	2 Male	32 Yes	Torrington AAC	01:23:30
37	49 William Croxford	01:24:22 Sen	15 Male	33 No		01:24:23
38	117 Marc Kerr	01:24:26 Sen	16 Male	34 Yes	North Devon Road Runners	01:24:30
39	32 Gavin Burnside	01:24:40 V50	8 Male	35 Yes	Ilfracombe Running Club	01:24:41
40	226 Rob veale	01:24:39 V50	9 Male	36 No		01:24:44
42	55 Michael Day	01:25:05 Sen	17 Male	37 No		01:25:20
44	219 David Thomson	01:25:23 V60	3 Male	38 No		01:25:26
47	56 Dylan Dayman	01:26:54 Sen	18 Male	39 Yes	North Devon AC	01:26:54
48	24 Ashley Braunton	01:27:22 Sen	19 Male	40 No		01:27:24
49	179 Jeremy Rowe	01:27:37 V50	10 Male	41 Yes	Just Jog Bideford	01:27:44
50	153 Duncan Oakes	01:27:45 V50	11 Male	42 No		01:27:49
51	149 Ryan Napper	01:27:57 Sen	20 Male	43 No		01:28:08
52	4 Stuart Allin	01:27:58 Sen	21 Male	44 Yes	Bideford AAC	01:28:18
53	146 Patrick Munn	01:28:17 V60	4 Male	45 Yes	100 Marathon Club	01:28:22
55	73 Alex Ford	01:29:18 Sen	22 Male	46 No		01:29:25
56	28 Grahame Brown	01:30:15 V50	12 Male	47 No		01:30:16
57	147 Rob Murch	01:30:45 V40	10 Male	48 Yes	North Devon Road Runners	01:30:49
58	244 Ben Brown	01:31:06 Sen	23 Male	49 No		01:31:22
59	27 Dan Brown	01:31:33 Sen	24 Male	50 No		01:31:44
61	222 Carl Troth	01:32:10 V40	11 Male	51 No		01:32:15
62	140 Jon Meek	01:32:48 V50	13 Male	52 Yes	DSFRS Running Club	01:32:50
63	119 Stephen King	01:32:56 V50	14 Male	53 No		01:33:12
64	197 Matt Smart	01:33:38 Sen	25 Male	54 No		01:33:42
65	8 Mike Baker	01:33:43 V50	15 Male	55 No		01:33:45
66	2 Dave Alderman	01:33:40 V50	16 Male	56 Yes	The ORCS	01:33:55

68	107 Danny Hubbard	01:34:22 Sen	26 Male	57 No		01:34:43
70	68 Angus Farrelly	01:34:54 V40	12 Male	58 Yes	Okehampton RC	01:34:56
71	130 Martin Luxton	01:34:50 V40	13 Male	59 Yes	Fremington Trailblazers Running Club	01:35:07
72	61 Jack Elliott	01:35:43 Sen	27 Male	60 No		01:35:47
74	158 Adam Pateman	01:36:07 V40	14 Male	61 Yes	Torrington AAC	01:36:15
75	84 Ian Grail	01:36:26 V50	17 Male	62 No		01:36:34
76	87 Roger Griffiths	01:36:33 V60	5 Male	63 No		01:36:37
77	142 Gary MONTAGUE	01:36:22 V40	15 Male	64 Yes	Bideford AAC	01:36:40
79	166 Terry Pooley	01:36:42 V40	16 Male	65 No		01:37:01
82	124 Jon Lamont	01:37:04 Sen	28 Male	66 Yes	Bideford AAC	01:37:21
83	118 Andrew Kew	01:37:21 V40	17 Male	67 No		01:37:23
84	106 Will Houston	01:37:26 V40	18 Male	68 No		01:37:31
85	48 David Crowther	01:37:37 V60	6 Male	69 Yes	Bideford AAC	01:37:39
87	202 Conrad Stevens	01:38:22 V50	18 Male	70 Yes	Torrington AAC	01:38:27
88	47 Peter Covington	01:38:23 V40	19 Male	71 No		01:38:28
89	82 Gareth Godwin	01:38:22 V40	20 Male	72 No		01:38:28
90	69 Andrew Ferguson	01:39:12 V50	19 Male	73 Yes	Truro Running Club	01:39:14
91	199 Matt Spooner	01:39:15 V40	21 Male	74 Yes	Plymouth Harriers	01:39:29
94	91 Alex Hamilton	01:40:03 Sen	29 Male	75 Yes	Burnham On Sea Harriers	01:40:09
96	229 Gary Webber	01:40:20 V50	20 Male	76 No		01:40:28
97	37 Andy Cave	01:40:30 Sen	30 Male	77 Yes	North Devon Road Runners	01:40:37
98	155 Simon Oliver	01:40:26 V60	7 Male	78 Yes	Ilfracombe Running Club	01:40:42
99	66 Callum Fanthorpe	01:40:47 Sen	31 Male	79 No		01:41:00
100	174 Leslie Reed	01:41:03 V60	8 Male	80 No		01:41:24
101	208 Dale Stringer	01:41:07 Sen	32 Male	81 No		01:41:24
104	67 Adrian Farmer	01:42:21 V40	22 Male	82 No		01:42:33
107	151 Andy North	01:42:44 V60	9 Male	83 Yes	Fremington Trailblazers Running Club	01:42:57
109	115 Pete Jennings	01:43:17 V50	21 Male	84 No		01:43:35
110	250 Steve Sanders	01:43:32 V60	10 Male	85 Yes	Bideford AAC	01:43:40
111	152 Jonathan Oakes	01:44:00 V60	11 Male	86 No		01:44:07
112	243 Robert France	01:44:13 V60	12 Male	87 No		01:44:18

113	246 Colin Collis	01:44:23 V50	22 Male	88 Yes	Southville Running Club	01:44:28
115	120 Duncan Knight	01:44:43 V50	23 Male	89 Yes	Teignbridge Trotters	01:44:50
116	29 Keiron Brown	01:44:59 V50	24 Male	90 No		01:45:13
118	137 David Meardon	01:45:39 V60	13 Male	91 No		01:45:44
119	210 Rob Stuckey	01:45:26 V50	25 Male	92 No		01:45:49
120	240 Andrew Woollacott	01:45:49 V50	26 Male	93 No		01:45:58
121	165 Adam Pike	01:45:46 V40	23 Male	94 No		01:46:02
122	143 John MOORHOUSE	01:46:18 V60	14 Male	95 Yes	Dawlish Coasters	01:46:30
127	14 Neil Bettiss	01:48:47 Sen	33 Male	96 No		01:49:02
128	177 Chris Robson	01:49:50 V50	27 Male	97 No		01:49:56
129	53 Neil Davies	01:50:06 Sen	34 Male	98 No		01:50:20
130	231 Rob White	01:50:22 V50	28 Male	99 No		01:50:31
132	52 Tom Davies	01:52:20 Sen	35 Male	100 No		01:52:35
133	41 David Chumbley	01:52:29 V60	15 Male	101 Yes	Just Jog Bideford	01:52:37
134	134 Richard Maw	01:52:21 V60	16 Male	102 Yes	Minehead RC	01:52:42
136	163 Robbie Petrie	01:52:36 V50	29 Male	103 No		01:52:51
138	76 Richard Gibbs	01:54:26 V40	24 Male	104 No		01:54:39
142	195 John Sleep	01:54:59 V40	25 Male	105 Yes	Bideford AAC	01:55:20
143	133 Simon Marsh	01:56:40 Sen	36 Male	106 No		01:56:44
152	6 Edward Armstrong	01:59:39 Sen	37 Male	107 No		01:59:51
153	5 Darren Armstrong	01:59:41 V50	30 Male	108 No		01:59:52
156	185 Ben Rumble	01:59:59 Sen	38 Male	109 No		02:00:11
162	154 Terence Oldham	02:01:46 V60	17 Male	110 No		02:01:52
165	100 Steven Hill	02:02:23 V50	31 Male	111 No		02:02:32
171	105 Mark Hopkins	02:04:24 Sen	39 Male	112 No		02:04:39
172	63 Simon English	02:04:26 V40	26 Male	113 Yes	Fremington Trailblazers Running Club	02:04:39
177	43 Stuart Colwill	02:06:36 V50	32 Male	114 Yes	Bude Rats (Run and Tri)	02:06:58
179	34 James Burnside	02:07:14 Sen	40 Male	115 Yes	Ilfracombe Running Club	02:07:17
186	15 Luk Bewes	02:08:29 Sen	41 Male	116 Yes	Just Jog Bideford	02:08:37
193	183 Stephen Ruck	02:16:21 V50	33 Male	117 No		02:16:32
207	224 Mike Tunney	02:26:18 V50	34 Male	118 No		02:26:40

208	194 Paul skipp	02:26:20 V50	35 Male	119 Yes	Bude Rats	02:26:41
211	50 Robert Curtis	02:26:22 V40	27 Male	120 Yes	Bude Rats	02:26:42
214	236 Jonathan Widlake	02:28:06 V40	28 Male	121 Yes	South molton strugglers	02:28:18

