

Pos	Race No	Name	Chip Time	Category	Cat Pos	Gender	Gen Pos	Affiliated	Club	Finish
2	64	Richard Ezra-Ham	01:08:03	Sen Male	1	Male	2	Yes	Tamar Trotters	01:08:03
3	39	Stan Charles-Jones	01:09:45	Sen Male	2	Male	3	Yes	South molton strugglers	01:09:45
6	198	James Speak	01:13:08	Sen Male	3	Male	5	No		01:13:10
11	3	Craig Allan	01:16:23	Sen Male	4	Male	9	Yes	Clevedon Athletic Club	01:16:26
13	186	James Sampson	01:17:12	Sen Male	5	Male	11	No		01:17:13
14	215	Nick Taylor	01:17:32	Sen Male	6	Male	12	Yes	Torrington AAC	01:17:41
15	54	Luke Day	01:17:49	Sen Male	7	Male	13	Yes	Ilfracombe Running Club	01:17:52
21	220	Joe Thomson	01:20:09	Sen Male	8	Male	19	Yes	Launceston Road Runners	01:20:12
22	89	Daniel Hague	01:20:30	Sen Male	9	Male	20	Yes	North Devon Road Runners	01:20:31
26	249	Leo Holroyd	01:21:35	Sen Male	10	Male	24	Yes	Ilfracombe Running Club	01:21:37
28	94	Michael Harris	01:21:49	Sen Male	11	Male	26	Yes	Bideford AAC	01:21:49
29	58	Francis Denton	01:21:57	Sen Male	12	Male	27	No		01:22:06
30	20	Alex Bott	01:22:02	Sen Male	13	Male	28	Yes	North Devon Road Runners	01:22:09
34	45	Simeon Cotterell	01:22:55	Sen Male	14	Male	31	Yes	Torrington AAC	01:23:17
37	49	William Croxford	01:24:22	Sen Male	15	Male	33	No		01:24:23
38	117	Marc Kerr	01:24:26	Sen Male	16	Male	34	Yes	North Devon Road Runners	01:24:30
42	55	Michael Day	01:25:05	Sen Male	17	Male	37	No		01:25:20
47	56	Dylan Dayman	01:26:54	Sen Male	18	Male	39	Yes	North Devon AC	01:26:54
48	24	Ashley Braunton	01:27:22	Sen Male	19	Male	40	No		01:27:24
51	149	Ryan Napper	01:27:57	Sen Male	20	Male	43	No		01:28:08
52	4	Stuart Allin	01:27:58	Sen Male	21	Male	44	Yes	Bideford AAC	01:28:18
55	73	Alex Ford	01:29:18	Sen Male	22	Male	46	No		01:29:25
58	244	Ben Brown	01:31:06	Sen Male	23	Male	49	No		01:31:22
59	27	Dan Brown	01:31:33	Sen Male	24	Male	50	No		01:31:44
64	197	Matt Smart	01:33:38	Sen Male	25	Male	54	No		01:33:42
68	107	Danny Hubbard	01:34:22	Sen Male	26	Male	57	No		01:34:43
72	61	Jack Elliott	01:35:43	Sen Male	27	Male	60	No		01:35:47
82	124	Jon Lamont	01:37:04	Sen Male	28	Male	66	Yes	Bideford AAC	01:37:21
94	91	Alex Hamilton	01:40:03	Sen Male	29	Male	75	Yes	Burnham On Sea Harriers	01:40:09

97	37	Andy Cave	01:40:30	Sen Male	30	Male	77	Yes	North Devon Road Runners	01:40:37
99	66	Callum Fanthorpe	01:40:47	Sen Male	31	Male	79	No		01:41:00
101	208	Dale Stringer	01:41:07	Sen Male	32	Male	81	No		01:41:24
127	14	Neil Bettiss	01:48:47	Sen Male	33	Male	96	No		01:49:02
129	53	Neil Davies	01:50:06	Sen Male	34	Male	98	No		01:50:20
132	52	Tom Davies	01:52:20	Sen Male	35	Male	100	No		01:52:35
143	133	Simon Marsh	01:56:40	Sen Male	36	Male	106	No		01:56:44
152	6	Edward Armstrong	01:59:39	Sen Male	37	Male	107	No		01:59:51
156	185	Ben Rumble	01:59:59	Sen Male	38	Male	109	No		02:00:11
171	105	Mark Hopkins	02:04:24	Sen Male	39	Male	112	No		02:04:39
179	34	James Burnside	02:07:14	Sen Male	40	Male	115	Yes	Ilfracombe Running Club	02:07:17
186	15	Luk Bewes	02:08:29	Sen Male	41	Male	116	Yes	Just Jog Bideford	02:08:37

Pos	Race No	Name	Chip Time	Category	Cat Pos	Gender	Gen Pos	Affiliated	Club	Finish
4	65	Rebecca Ezra-Ham	01:09:58	Sen Female	1	Female	1	Yes	Tamar Trotters	01:09:58
92	98	Scarlett Henry	01:39:34	Sen Female	2	Female	18	Yes	The ORCS	01:39:38
102	123	Jess Lamont	01:41:31	Sen Female	3	Female	21	No		01:41:49
106	81	Ruth Glover	01:42:48	Sen Female	4	Female	24	Yes	Ilfracombe Running Club	01:42:52
126	218	Hannah Thomas	01:48:03	Sen Female	5	Female	31	No		01:48:20
139	156	Jessy Parker	01:54:37	Sen Female	6	Female	35	No		01:54:40
140	173	Juliette Reed Reed	01:54:38	Sen Female	7	Female	36	No		01:54:41
141	247	Helen Garthwaite	01:54:59	Sen Female	8	Female	37	Yes	Bideford AAC	01:55:19
146	93	Daisy Harley-Nyang	01:58:44	Sen Female	9	Female	40	No		01:58:54
154	252	Katie Williams	01:59:37	Sen Female	10	Female	46	Yes	South West Road Runners	01:59:53
158	230	Ellen Webber	02:01:03	Sen Female	11	Female	49	No		02:01:11
166	102	Olivia Hillsdon-Rogers	02:02:50	Sen Female	12	Female	55	No		02:03:07
185	9	Katie Baker	02:08:29	Sen Female	13	Female	70	Yes	Just Jog Bideford	02:08:37
32	7	Samantha Baker	01:22:26	V35 Female	1	Female	3	Yes	South molton strugglers	01:22:26
43	200	Suzanne Spooner	01:25:20	V35 Female	2	Female	6	Yes	Plymouth Harriers	01:25:23

45	228 Lorna Watts	01:25:29 V35 Female	3 Female	7 Yes	Bideford AAC	01:25:34
46	59 Clare Dixon	01:26:33 V35 Female	4 Female	8 No		01:26:34
54	42 Liz Clifford	01:28:26 V35 Female	5 Female	9 No		01:28:27
67	176 Louisa Roberts	01:33:46 V35 Female	6 Female	11 Yes	The ORCS	01:33:55
93	26 Alexis Briggs	01:40:00 V35 Female	7 Female	19 Yes	Burnham On Sea Harriers	01:40:06
103	216 Kirsty Taylor	01:42:04 V35 Female	8 Female	22 No		01:42:09
125	157 Jo Pateman	01:47:44 V35 Female	9 Female	30 Yes	Torrington AAC	01:47:51
131	36 Sarah Cardwell	01:51:03 V35 Female	10 Female	32 No		01:51:10
144	127 Aleksandra Li	01:56:31 V35 Female	11 Female	38 No		01:56:49
147	213 Emma Tancock	01:58:58 V35 Female	12 Female	41 No		01:59:11
151	126 Jennifer Layton	01:59:09 V35 Female	13 Female	45 No		01:59:23
155	148 Lucy Myton	01:59:38 V35 Female	14 Female	47 Yes	South West Road Runners	01:59:54
169	72 Gemma Foley	02:04:25 V35 Female	15 Female	58 Yes	South molton strugglers	02:04:35
170	104 Victoria Hopkins	02:04:25 V35 Female	16 Female	59 Yes	Fremington Trailblazers Running Club	02:04:38
174	18 Ali Blackman	02:04:48 V35 Female	17 Female	61 No		02:04:55
176	251 Gemma Essex	02:05:52 V35 Female	18 Female	63 No		02:06:07

181	190	Laura Scott	02:07:44	V35 Female	19	Female	66	No		02:07:58
182	85	Karen Gray	02:07:45	V35 Female	20	Female	67	No		02:07:58
189	159	Kirstie Patterson	02:08:40	V35 Female	21	Female	73	No		02:08:57
190	187	Denise Sanders	02:10:47	V35 Female	22	Female	74	No		02:11:02
192	189	Kiera Schubert	02:11:40	V35 Female	23	Female	76	No		02:11:54
202	110	Louise Hunter	02:21:44	V35 Female	24	Female	85	No		02:22:03
209	21	Annie bover	02:26:20	V35 Female	25	Female	90	Yes	Bude Rats	02:26:41
210	209	Claire Strong	02:26:21	V35 Female	26	Female	91	No		02:26:42
212	235	Jillian Widlake	02:28:05	V35 Female	27	Female	92	Yes	South molton strugglers	02:28:17
216	71	Colleen Finn	02:32:33	V35 Female	28	Female	95	Yes	Bude Rats (Run and Tri)	02:32:53

Pos	Race No	Name	Chip Time	Category	Cat Pos	Gender	Gen Pos	Affiliated	Club	Finish
1	114	Mark Jenkin	01:02:39	V40 Male	1	Male	1	Yes	Bideford AAC	01:02:39
8	90	Chris Hallman	01:13:57	V40 Male	2	Male	7	No		01:13:57
16	74	Ross Fuller	01:18:03	V40 Male	3	Male	14	Yes	Ilfracombe Running Club	01:18:03
18	225	James Turner	01:18:53	V40 Male	4	Male	16	Yes	Truro Running Club	01:18:56
19	51	Mark Curtis	01:19:24	V40 Male	5	Male	17	Yes	Bideford AAC	01:19:24
20	169	Marsh Pullen	01:19:44	V40 Male	6	Male	18	No		01:19:50
23	232	Steve Weeks	01:20:46	V40 Male	7	Male	21	Yes	Teignbridge Trotters	01:20:47
25	17	Paul Bisset	01:21:25	V40 Male	8	Male	23	No		01:21:26
27	170	Ian Putt	01:21:43	V40 Male	9	Male	25	No		01:21:45
57	147	Rob Murch	01:30:45	V40 Male	10	Male	48	Yes	North Devon Road Runners	01:30:49
61	222	Carl Troth	01:32:10	V40 Male	11	Male	51	No		01:32:15

70	68 Angus Farrelly	01:34:54 V40 Male	12 Male	58 Yes	Okehampton RC	01:34:56
71	130 Martin Luxton	01:34:50 V40 Male	13 Male	59 Yes	Fremington Trailblazers Running Club	01:35:07
74	158 Adam Pateman	01:36:07 V40 Male	14 Male	61 Yes	Torrington AAC	01:36:15
77	142 Gary MONTAGUE	01:36:22 V40 Male	15 Male	64 Yes	Bideford AAC	01:36:40
79	166 Terry Pooley	01:36:42 V40 Male	16 Male	65 No		01:37:01
83	118 Andrew Kew	01:37:21 V40 Male	17 Male	67 No		01:37:23
84	106 Will Houston	01:37:26 V40 Male	18 Male	68 No		01:37:31
88	47 Peter Covington	01:38:23 V40 Male	19 Male	71 No		01:38:28
89	82 Gareth Godwin	01:38:22 V40 Male	20 Male	72 No		01:38:28
91	199 Matt Spooner	01:39:15 V40 Male	21 Male	74 Yes	Plymouth Harriers	01:39:29
104	67 Adrian Farmer	01:42:21 V40 Male	22 Male	82 No		01:42:33
121	165 Adam Pike	01:45:46 V40 Male	23 Male	94 No		01:46:02
138	76 Richard Gibbs	01:54:26 V40 Male	24 Male	104 No		01:54:39
142	195 John Sleep	01:54:59 V40 Male	25 Male	105 Yes	Bideford AAC	01:55:20
172	63 Simon English	02:04:26 V40 Male	26 Male	113 Yes	Fremington Trailblazers Running Club	02:04:39
211	50 Robert Curtis	02:26:22 V40 Male	27 Male	120 Yes	Bude Rats	02:26:42
214	236 Jonathan Widlake	02:28:06 V40 Male	28 Male	121 Yes	South molton strugglers	02:28:18

Pos	Race No	Name	Chip Time	Category	Cat Pos	Gender	Gen Pos	Affiliated	Club	Finish
10	139	Jo Meek	01:16:16	V45 Female	1	Female	2	Yes	Winchester And District AC	01:16:16
36	205	Claire Stone	01:24:06	V45 Female	2	Female	4	Yes	Ocean Lake Tri	01:24:07
60	44	Natasha Cornish	01:32:03	V45 Female	3	Female	10	No		01:32:06
69	35	Clare Capper	01:34:49	V45 Female	4	Female	12	No		01:34:52
73	31	Sarah Burns	01:36:07	V45 Female	5	Female	13	Yes	East London Runners	01:36:10
78	201	Lucy Squire	01:36:50	V45 Female	6	Female	14	No		01:36:57
81	160	Ann Pearce	01:37:08	V45 Female	7	Female	16	Yes	Torrington AAC	01:37:13

105	12 Kathryn Beades	01:42:48 V45 Female	8 Female	23 Yes	Ilfracombe Running Club	01:42:52
108	214 Catherine Tapp	01:43:08 V45 Female	9 Female	25 Yes	Tiverton Harriers	01:43:24
114	121 Kim Knight	01:44:43 V45 Female	10 Female	26 Yes	Teignbridge Trotters	01:44:50
123	57 Katrina Dearson	01:47:11 V45 Female	11 Female	28 No		01:47:15
135	237 Paula Wilkinson	01:52:35 V45 Female	12 Female	33 No		01:52:50
137	113 Samera Ismael	01:54:22 V45 Female	13 Female	34 No		01:54:31
148	211 Sacha Surgeon	01:59:00 V45 Female	14 Female	42 No		01:59:14
150	196 Katrina Smale	01:59:11 V45 Female	15 Female	44 Yes	North Devon Road Runners	01:59:23
157	62 Nicola Emmett	02:00:36 V45 Female	16 Female	48 Yes	Bude Rats (Run and Tri)	02:00:54
159	78 Tanya Gillett	02:01:39 V45 Female	17 Female	50 Yes	Just Jog Bideford	02:01:47
164	138 Claire Meech	02:02:16 V45 Female	18 Female	54 No		02:02:27
168	23 Jo Bradley	02:04:11 V45 Female	19 Female	57 Yes	South molton strugglers	02:04:21
178	103 Karen hilton	02:06:40 V45 Female	20 Female	64 No		02:06:58
191	221 Sarah THorne	02:10:49 V45 Female	21 Female	75 No		02:11:03
194	184 Emma RUCK	02:17:52 V45 Female	22 Female	77 No		02:18:12
195	172 Anne Reed	02:17:52 V45 Female	23 Female	78 No		02:18:13

197	181 Elaine Rowtcliff	02:17:53 V45 Female	24 Female	80 No		02:18:14
198	40 Penny Chbat	02:21:13 V45 Female	25 Female	81 No		02:21:23
200	242 Mags Zaharia	02:21:41 V45 Female	26 Female	83 Yes	Torrington AAC	02:22:00
201	46 Jacqui Couch	02:21:41 V45 Female	27 Female	84 Yes	Torrington AAC	02:22:00
205	131 Donna Marriott	02:25:25 V45 Female	28 Female	88 No		02:25:37
206	212 Lisa Tame	02:26:21 V45 Female	29 Female	89 Yes	Bude Rats	02:26:40
213	182 Lisa Ruck	02:28:07 V45 Female	30 Female	93 No		02:28:17
217	162 Rachel Penn	02:32:36 V45 Female	31 Female	96 Yes	Bude Rats (Run and Tri)	02:32:53
218	248 Helen Cooley	02:32:34 V45 Female	32 Female	97 Yes	Bude Rats (Run and Tri)	02:32:53

Pos	Race No	Name	Chip Time	Category	Cat Pos	Gender	Gen Pos	Affiliated	Club	Finish
5	188	Lawrence Schneck	01:13:00	V50 Male	1	Male	4 Yes		Greenbow Running Club	01:13:01
7	206	Dave Stone	01:13:35	V50 Male	2	Male	6 Yes		Exmouth Harriers AAC	01:13:35
9	238	John Wisner	01:15:57	V50 Male	3	Male	8 Yes		St Austell Athletes Running Club	01:15:59
12	141	Gary Mitchell	01:16:50	V50 Male	4	Male	10 No			01:16:52
17	204	Chris Stone	01:18:28	V50 Male	5	Male	15 Yes		Bideford AAC	01:18:28
24	108	Barry Hudson	01:21:10	V50 Male	6	Male	22 Yes		North Devon Tri	01:21:18
31	245	Pete Thomas	01:22:17	V50 Male	7	Male	29 Yes		Fremington Trailblazers Running Club	01:22:17
39	32	Gavin Burnside	01:24:40	V50 Male	8	Male	35 Yes		Ilfracombe Running Club	01:24:41
40	226	Rob veale	01:24:39	V50 Male	9	Male	36 No			01:24:44
49	179	Jeremy Rowe	01:27:37	V50 Male	10	Male	41 Yes		Just Jog Bideford	01:27:44
50	153	Duncan Oakes	01:27:45	V50 Male	11	Male	42 No			01:27:49
56	28	Grahame Brown	01:30:15	V50 Male	12	Male	47 No			01:30:16
62	140	Jon Meek	01:32:48	V50 Male	13	Male	52 Yes		DSFRS Running Club	01:32:50

63	119	Stephen King	01:32:56	V50 Male	14	Male	53	No		01:33:12	
65	8	Mike Baker	01:33:43	V50 Male	15	Male	55	No		01:33:45	
66	2	Dave Alderman	01:33:40	V50 Male	16	Male	56	Yes	The ORCS	01:33:55	
75	84	Ian Grail	01:36:26	V50 Male	17	Male	62	No		01:36:34	
87	202	Conrad Stevens	01:38:22	V50 Male	18	Male	70	Yes	Torrington AAC	01:38:27	
90	69	Andrew Ferguson	01:39:12	V50 Male	19	Male	73	Yes	Truro Running Club	01:39:14	
96	229	Gary Webber	01:40:20	V50 Male	20	Male	76	No		01:40:28	
109	115	Pete Jennings	01:43:17	V50 Male	21	Male	84	No		01:43:35	
113	246	Colin Collis	01:44:23	V50 Male	22	Male	88	Yes	Southville Running Club	01:44:28	
115	120	Duncan Knight	01:44:43	V50 Male	23	Male	89	Yes	Teignbridge Trotters	01:44:50	
116	29	Keiron Brown	01:44:59	V50 Male	24	Male	90	No		01:45:13	
119	210	Rob Stuckey	01:45:26	V50 Male	25	Male	92	No		01:45:49	
120	240	Andrew Woollacott	01:45:49	V50 Male	26	Male	93	No		01:45:58	
128	177	Chris Robson	01:49:50	V50 Male	27	Male	97	No		01:49:56	
130	231	Rob White	01:50:22	V50 Male	28	Male	99	No		01:50:31	
136	163	Robbie Petrie	01:52:36	V50 Male	29	Male	103	No		01:52:51	
153	5	Darren Armstrong	01:59:41	V50 Male	30	Male	108	No		01:59:52	
165	100	Steven Hill	02:02:23	V50 Male	31	Male	111	No		02:02:32	
177	43	Stuart Colwill	02:06:36	V50 Male	32	Male	114	Yes	Bude Rats (Run and Tri)	02:06:58	
193	183	Stephen Ruck	02:16:21	V50 Male	33	Male	117	No		02:16:32	
207	224	Mike Tunney	02:26:18	V50 Male	34	Male	118	No		02:26:40	
208	194	Paul skipp	02:26:20	V50 Male	35	Male	119	Yes	Bude Rats	02:26:41	
Pos	Race No	Name	Chip Time	Category	Cat Pos	Gender	Gen Pos		Affiliated	Club	Finish
80	19	Marilyn Blair	01:37:10	V55 Female	2	Female	15	Yes		Torrington AAC	01:37:10
86	207	Ros Stow	01:37:23	V55 Female	3	Female	17	No			01:37:39
95	128	Alison Little	01:40:10	V55 Female	4	Female	20	Yes		100 Marathon Club	01:40:18
117	175	Emma Richards	01:45:28	V55 Female	5	Female	27	Yes		Torrington AAC	01:45:38

124	97 Ruth Henry	01:47:11 V55 Female	6 Female	29 No		01:47:15
145	33 Deborah Burnside	01:58:36 V55 Female	7 Female	39 No		01:58:41
149	101 Michaela Hillman	01:59:10 V55 Female	8 Female	43 Yes	Torrington AAC	01:59:22
160	22 Karen Bowes	02:01:39 V55 Female	9 Female	51 Yes	Just Jog Bideford	02:01:48
161	86 Maria Gray	02:01:43 V55 Female	10 Female	52 Yes	Just Jog Bideford	02:01:48
163	241 Amanda Yeo	02:02:12 V55 Female	11 Female	53 No		02:02:27
167	233 Julie Weeks	02:03:24 V55 Female	12 Female	56 Yes	North Devon Tri	02:03:35
173	88 Karen Gulliford	02:04:26 V55 Female	13 Female	60 Yes	Fremington Trailblazers Running Club	02:04:40
175	203 Edwina Stevenson	02:04:49 V55 Female	14 Female	62 Yes	Bideford AAC	02:04:56
180	70 Vicky Fieldhouse	02:07:29 V55 Female	15 Female	65 No		02:07:52
183	144 Pattie morris	02:08:19 V55 Female	16 Female	68 Yes	Just Jog Bideford	02:08:30
184	150 Maggie Norgate	02:08:20 V55 Female	17 Female	69 Yes	Just Jog Bideford	02:08:30
187	217 Dawn Nadine Teed	02:08:48 V55 Female	18 Female	71 Yes	Exmouth Harriers AAC	02:08:54
188	80 Lorraine Gilson	02:08:49 V55 Female	19 Female	72 No		02:08:54
196	136 Christine McNamee	02:17:55 V55 Female	20 Female	79 No		02:18:14
199	122 Debra Lake	02:21:41 V55 Female	21 Female	82 No		02:22:00

203	145	Nicola Morris	02:21:48	V55 Female	22	Female	86	Yes	Torrington AAC	02:22:05	
204	178	Jan Rolfe	02:25:25	V55 Female	23	Female	87	No		02:25:36	
215	1	Amanda Adams	02:28:08	V55 Female	24	Female	94	Yes	South molton strugglers	02:28:19	
Pos	Race No	Name	Chip Time	Category	Cat Pos	Gender	Gen Pos		Affiliated	Club	Finish
33	96	Vincent Helliwell	01:22:48	V60 Male	1	Male	30	Yes		Bideford AAC	01:22:48
35	161	Bob Pearce	01:23:27	V60 Male	2	Male	32	Yes		Torrington AAC	01:23:30
44	219	David Thomson	01:25:23	V60 Male	3	Male	38	No			01:25:26
53	146	Patrick Munn	01:28:17	V60 Male	4	Male	45	Yes		100 Marathon Club	01:28:22
76	87	Roger Griffiths	01:36:33	V60 Male	5	Male	63	No			01:36:37
85	48	David Crowther	01:37:37	V60 Male	6	Male	69	Yes		Bideford AAC	01:37:39
98	155	Simon Oliver	01:40:26	V60 Male	7	Male	78	Yes		Ilfracombe Running Club	01:40:42
100	174	Leslie Reed	01:41:03	V60 Male	8	Male	80	No			01:41:24
107	151	Andy North	01:42:44	V60 Male	9	Male	83	Yes		Fremington Trailblazers Running Club	01:42:57
110	250	Steve Sanders	01:43:32	V60 Male	10	Male	85	Yes		Bideford AAC	01:43:40
111	152	Jonathan Oakes	01:44:00	V60 Male	11	Male	86	No			01:44:07
112	243	Robert France	01:44:13	V60 Male	12	Male	87	No			01:44:18
118	137	David Meardon	01:45:39	V60 Male	13	Male	91	No			01:45:44
122	143	John MOORHOUSE	01:46:18	V60 Male	14	Male	95	Yes		Dawlish Coasters	01:46:30
133	41	David Chumbley	01:52:29	V60 Male	15	Male	101	Yes		Just Jog Bideford	01:52:37
134	134	Richard Maw	01:52:21	V60 Male	16	Male	102	Yes		Minehead RC	01:52:42
162	154	Terence Oldham	02:01:46	V60 Male	17	Male	110	No			02:01:52



















